Setup options - LED, E3 View Monitor

Enter setup options.

	CYBEX LOGO	Press and hold Cybex logo for 6 seconds to access Screen Lock and Toolbox.
	LANGUAGE ICON	Press and hold language logo for 6 seconds to access Screen Lock and Toolbox.

1. Tap the **Access Toolbox** icon to display the Access to Toolbox login screen.

2. Enter the sequence: 🚫 **7** **7** **0** ↵ .

3. Tap the **Setup** icon to display the Setup menu.

Table 1. Setup menu

Time	Select Time Display option to On or Off. Add or subtract an hour. Select time display as AM, PM, or 24 Hour display. Enter time using keypad, press **Enter** to save.
Date	Select date style `[MM] [DD] [YYYY]`, `[DD] [MM] [YYYY]`, or `[YYYY] [MM] [DD]`. `Y` - Year, `M` - Month and `D` - Day. Enter date using keypad, press **Enter** to save.
Units	Select distance units. Miles or Km (Kilometers). Select weight units. Lbs. (Pounds), Kg. (Kilograms) or Stone (Stones).
TV Input (LED consoles)	Select Device Installed. Choices are: No TV, Wireless TV, or C.A.B. (Console Adapter Box for Broadcast Vision) or `Connected TV`. Contact qualified service technician for audio visual setup.
TV Source (E3 View Monitor)	Select Device Installed. Choices are: Tuner, STB + Tuner, or STB + HDMI. Contact qualified service technician for audio visual setup.

FM Radio Presets (not shown for E3 View Monitor)	Active when A/V Device is set to Wireless TV. Contact qualified service technician for audio visual setup.
PEM Setup	Active when A/V Device is set to Embedded TV. Contact qualified service technician for audio visual setup.
Workout times	Set Default and Max workout times. Default choices are 20, 30, or 60 minutes. Max choices are 20, 30, 60, or OFF.
Pause	Set Pause time. Choices are OFF, 0:30, 1:00, or 2:00 minutes.
Sound	Select console beeper settings. Console Beeper - On or Off. Headphone Beeper - Off, Some, or All. Default Volume - 1 to 30, default is 10.
Quick Start Mode	Choose Default Resistance Mode. Choices are: Arc (default resistance), Constant Power (default power), or Adaptive Power (default level). Set default resistance, power, or level.
Language	Select default language to display on CardioTouch screen. Toolbox is only available in English. Include Optional Languages. Select optional languages to display on CardioTouch screen. Choices are Include or Off.
Restore Factory Defaults	Restores all setup variables back to factory defaults. Does not affect Time or Date.